

North Yorkshire County Council**Craven Area Committee****9th March 2017****Stronger Communities Progress Report****1 Purpose of this report**

- 1.1 To update Craven Area Committee on Stronger Communities progress.

2 Introduction

- 2.1 Since December 2016, a further 2 funded projects have been developed and supported in Craven, along with non grant funded activity. The Stronger Communities Delivery Manager (SCDM) continues to support the transition of 4 libraries into community ownership.

3 Library Transition Programme

- 3.1 **South Craven:** Volunteer training has progressed well with an adequate number of volunteers in place and volunteer scheduling in hand. Two additional trustees have recently been recruited making the group more robust. The group has successfully gained funding from local parish councils, and Cross Hills PC has precepted £3,000 in 2017/18 budget. The group proposes creating a Library Friends group with a small membership fee. The group plan to take over the library on 1st April, with some support from library staff. The Lease and Service Level Agreement are in hand.
- 3.2 **Settle:** Settle Library Group is now a registered charity. The lease and SLA are in hand. There have been an excellent number of volunteers come forward and training is progressing well. Volunteer scheduling is in hand. The group will take ownership of the library from April 1st with some support from library staff. Settle Town Council and several Parish Councils have made grants to the group. A Library Friends group is to be created. A productive meeting occurred with Giggleswick School leading to offers of pupil and / or project assistance and possible venue/room hire
- 3.3 **Ingleton:** The Parish Council will assume responsibility for the library from 1st April. Volunteer training has been delivered and volunteers are regularly shadowing staff in the library. As the library opening hours are already extended due to the excellent knowledge of the Community Centre manager this should be a seamless transition.
- 3.4 **Bentham:** Library to move into Pioneer Projects Looking Well building early May due to building works and fitting out. In the interim Friends of Bentham Library will open the library for 10 hours p/w at key times with some support from library staff. Monthly meetings are scheduled to facilitate a smooth transition to Pioneer Projects. A revised Business Plan will be considered on the 22nd Feb. Volunteer training is being scheduled.

4. Stronger Communities Projects

4.1 Grants Awarded since December 2016

- **Craven Dementia Action Alliance** – Part time Co-ordinator to be employed for a year to enable the development of an infrastructure to support a Craven Dementia Action Alliance. Also creation of a local support group for people living with dementia and their family carers and dementia friends training.
- **Exclusively Inclusive** - for the development of a Craven Gazette run by people with learning difficulties (formerly Duke St Gazette). First edition attached. They have done an excellent job!
- **Pioneer Projects** – capital grant for building works

4.2 Projects in Development

A number of projects are currently being developed with a range of voluntary & community sector groups across the area, covering all four priorities. Some require a period of development and assistance prior to submission of a formal application for funding. They cover areas such as:

- Support for farmers
- Rebound trampolining therapy for youngsters with physical and / or learning disabilities
- Village Hall support

4.3 Community Development

- The SCDM is planning a Discovery Day for North West Craven in partnership with South Lakes CCG for June. An initial planning meeting is being held on 22nd March with community organisations.
- The Craven SCDM has attended, facilitated and/or presented at:
 - South Skipton Health & Wellbeing Task and Finish Group (Chair)
 - Community Learning Partnership
 - Craven Mental Health Forum
 - Craven Disability Forum
 - NYCC Prevention Services Review

5 Recommendation

5.1 It is recommended that the Area Committee notes the contents of this report.

Marion Tweed-Rycroft
Stronger Communities Delivery Manager (Craven)

CRAVEN GAZETTE

Covering matters from across Craven because Craven matters!

Introducing the Craven Gazette

Featuring:

News from the Craven Community Champions Awards Ceremony 2016

Regular news

Who's who bios

Spot light on Autism

Community spaces - our favourite places

Chris Porter Interviews

Inclusion is...

Just for fun

What's on

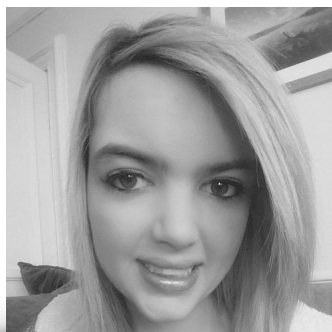


New horizons for the Gazette

Edition one

Welcome to the first edition of the 'Craven Gazette'. For many years a popular, community newsletter has been produced by a number of people who attended Duke Street Resource Centre in Settle. Following the closure of the centre it was feared the Gazette would be lost. After a some head scratching, a few conversations and a little financial help from North Yorkshire County Council's Stronger Communities fund, here is the new look Craven Gazette under the umbrella of Exclusively Inclusive.





Introducing Amy

My Name is Amy Davies and I am 21 years old, I live in Settle I have a part time job as a kitchen assistant. I volunteer for the National Trust at Malham Tarn and Settle Library at Limestone view.

I enjoy running at weekends and I'm training for the Cartmel Lakeland Trails in March, I will be doing 10km race.

I love going to the Rendezvous group every Friday, its a lovely group to go to and to be with friends as well. We meet up at different places to do different events. I am looking forward to helping produce the Craven Gazette.

<http://www.lakelandtrails.org/cartmel/>

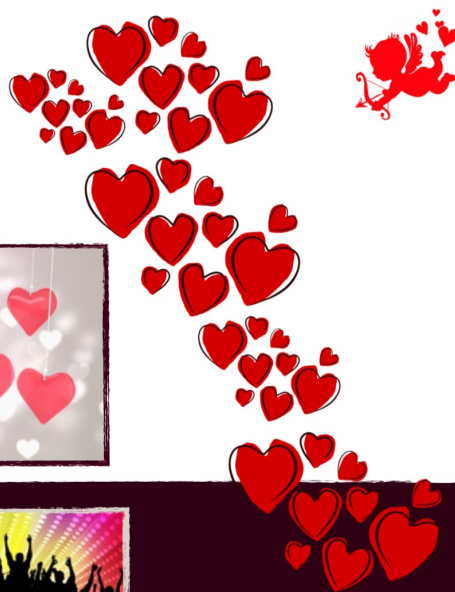
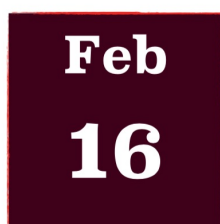


Exclusively Inclusive Community Group

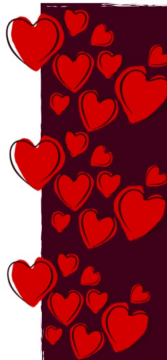


Exclusively Inclusive are a voluntary community group based in Sutton in Craven. They welcome all members of the community around Craven to develop regular and ad

hoc events and opportunities. They believe in asset based community development or ABCD as its known which is all about using our gifts and talents to make good things happen in our communities. Some events are adults only such as the Club VIVA 52 disco night which is held each month at Herriots Hotel in Skipton!



WITH OUR SUPERSTAR DJ OLI



Herriot's Hotel, Skipton
7.30 pm - 10.30 pm

Come dance the night away at our over 18's Valentine's CLUB VIVA 52 disco night

Hotline to Katie 07545546738 (text is best)



<https://www.facebook.com/exclusivelyinclusivecraven/>



Introducing Liam

My name is Liam David Adams. I am a very charismatic guy and showstopper wherever I go!

I love bodybuilding which I do in my flat and I am going to start going back to the gym to train. I also love photography and can take a mean photo.

Im very sociable and like to perform. My ambition is to train to be a wrestler.

I'm pleased to be working on the Craven Gazette and looking forward to doing some filming for it to present online.

**Don't let someone dim
your light simply
because it's shining in
their eyes!**

Craven Community Champions Awards Ceremony 2016

By Christopher Porter

The Craven Community Champion Awards were held at Coniston Hotel Country Estate on Thursday 12th January 2017. The Award Ceremony celebrated all the incredible work being done by individuals and groups in the community, these were the fifth annual awards. The award evening started with champagne and we all got a program of the evening and we got seated at tables and there was buffet.

Paul Shevlin who is the Chief Executive for Craven District Council hosted the evening by introducing the evening event.

I was especially interested in the best community group award which recognises a voluntary group that has made a significant contribution to their community or in the district in general. This award was sponsored by Keelham Farm Shop and was presented by Victoria Robertshaw. She showed the audience a film of the three shortlisted groups. Exclusively Inclusive was shortlisted for this award but they didn't get the award this year. The winner was Clapham Community Shop.

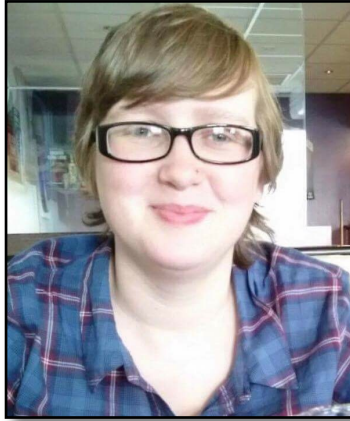
Congratulations to them and everyone!

See photos on page 6 and in the links below.

The full write up of the evening is available from CDC website
<http://www.cravencdc.gov.uk/article/5811/2016-Craven-Community-Champions>

They have also published an album of photographs from the event <https://goo.gl/photos/5TUP9mwZYcJBVzvg7>

All of the videos from event can now be watched on youtube https://www.youtube.com/playlist?list=PLNJ6R4xHLniicEDt_1u53UXqF0XP2c8HC



Introducing Amber

My Name is Amber Firth. I am 22 years old and live in Sutton-in-Craven. I study Sociology at The University of Bradford. When not at uni I like building Lego models, drawing cartoons, listening to music and watching movies. I have a fluffy tabby and white cat called Bella. I love baking and helping people. I also volunteer to help people with disabilities in Sutton-in-Craven which is a job I love.

1 in 100 people in the UK are on the autism spectrum - That's around 700,000 people!

There is no "cure" for autism but the right support can make a huge difference.

help doesn't always need to come from social services and could be in any form such as supportive friends and family or just a friendly face and a listening ear.

Spotlight on Autism

By Amber Firth

I am going to be writing about autism and how it affects people as well as using examples from my own experiences of having autism. I was diagnosed with Aspergers, which is a type of autism, in my early teens and it affects me in lots of different ways.

Autism is a developmental disability and although it can be diagnosed at any time during a person's life it is present from birth. It is a spectrum condition which means that each person with autism can experience autism differently but everyone with autism share the same traits even if they experience them in a different way. The key traits of autism are difficulties with social interaction and communication, repetitive behaviours and interests and sensory difficulties.

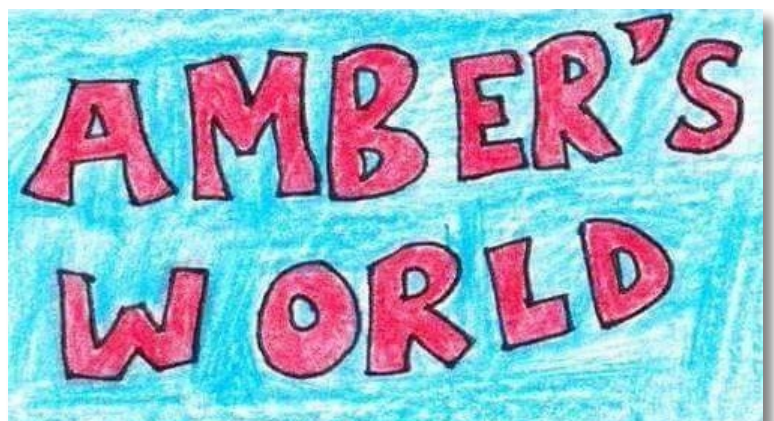
Here is how each aspect of autism can affect people:

Social communication and interaction

People with autism can find it hard to read body language, facial expressions and tone of voice. This can make it very hard to understand and interact with others as people with autism cannot always recognise people's feelings and intentions. Because autistic people struggle with social cues and interactions it can often mean that they find it hard to make friends.

Repetitive behaviours and interests

The world can be unpredictable and confusing for people with autism which often means they like to follow routines or have some aspect of repetition in their daily lives which can help make them feel more comfortable in the world.





Introducing Chris

My name is Christopher Porter and I live in Crosshills. I am 30 years old. In my spare time I enjoy listening to music and reading. I have been involved in the Gazette (now to be called the Craven Gazette) since it started in 2007 at 30 Duke Street in Settle. I have various voluntary jobs and have a paid job with North Yorkshire County Council. I am member of the North Yorkshire Learning Disability Partnership Board where I speak out on behalf of people with a Learning Disability and its groups. I am also a member of the Craven Consulting group. I am looking forward to the future of the Craven Gazette.



Some useful links cont:

Agony Autie: A Blog for Autistic People - www.facebook.com/agnonautie/

Some autism support in the area:

Specialist Autism Services - www.specialistautismservices.org/bradford

Leeds Autism Aim - www.facebook.com/leedsautismaim

Many people with autism have highly focussed interests, sometimes called “special interests”, which are intense interests in a particular area. This can be anything from music to computers to types of transport.

My special interests are The Hitchhikers Guide to the Galaxy in all its various forms and Sociology, which I am currently doing a degree in.

A lot of people with autism channel their special interests into study or work which provides them with a sense of meaning and can be fundamental to their wellbeing.

Sensory difficulties

The majority of people with autism will experience over- or under-sensitivity to one or more of the following senses such as: sound, touch, taste, smell, light, colour, temperatures or pain.

I personally experience over-sensitivity to lights, sounds and smells but under- sensitivity to touch

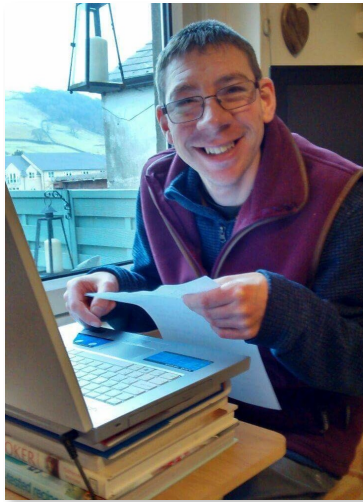
Everyone with autism is different though and can experience any combination of sensory difficulties for example part of my under-sensitivity to touch means that I love hugs but for someone with an oversensitivity to touch hugs can be unbearable.

I hope you found this article informative . If you are interested in some of my other work you can find my cartoons I have drawn about my experiences of having autism on my Facebook page Amber's World - www.facebook.com/AmbersWorldCartoon

Some useful links:

The National Autistic Society - www.autism.org.uk

Joanna Kingsley Publishers - <http://www.jkp.com/uk/autism-and-related-conditions.html> - for books about autism and related conditions



Introducing Matthew

I am Matthew Lambert. I am 32 years old going on 33. I live in a small hamlet, a little village with no shops, called Selside. It is about 9 miles out of Settle heading towards Ribbleshead, where the viaduct is. I have lived there all my life. I live on a farm with my Mum, Dad, 3 sisters and my brother. I have been working on the Gazette for years now, it's great and it makes me feel good.



Photographs below from the Community Champion Awards Ceremony Exclusively Inclusive (runners up) on the left and on the right all the winners (continued from full article on page 3)



VOLUNTEERING IN STYLE

By Matthew Lambert

Up until recently I used to spend my days at Settle Resource centre in Settle. It was a day centre for people run by NYCC. The day centre was closed the Thursday before Christmas.

I wasn't happy and I was a little bit scared and worried about what I was going to do. I started to look for different things to do. Someone suggested a volunteer job. So I went out and found myself a volunteer job at Settle Parish Church.

I started my volunteer job on Tuesday the 10th of January. At the church on a Tuesday lots of ladies and gentlemen who are all volunteers, make and sell lots of lovely food to people in the community. It is like a cafe. My role is to clear tables and make sure they are neat and tidy. I fill up milk jugs. I put all the dirty pots and plates into the kitchen to be washed up and then I take all the clean and dry ones back out to use again. I do lots of jobs, even some sweeping up when it is quiet.

I really like being part of the volunteer group at the church. I have been made to feel very welcome. Everyone talks to me and I like talking to them.

Being a volunteer makes me feel proud of myself. I am helping people and raising money for the church. It is great to be part of the community. I really love it and I smile all day



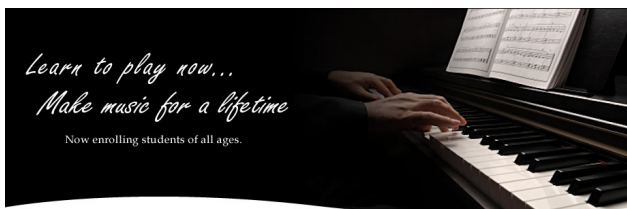


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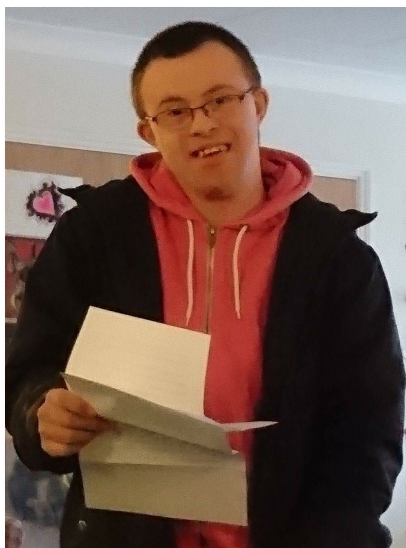
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Introducing Sam

My name is Sam Woodhouse. I am 23 years old and live in Ingleton which is in North Yorkshire. I have helped with the Gazette when I have been at Duke Street.

I have worked at Country Harvest as a café assistant since July and really enjoy my job.

I work with Janet, Harriet and Joanne who are always there to help me. Everyone is friendly.

My main tasks are in the kitchen, loading the dishwasher, serving food and clearing tables.

My favourite job is taking food out to the customers. I listen for the bell which tells me that the food is ready to take out.

I really enjoy working at Country Harvest and tell all my friends and family about my work.



What's on

Each edition we will try to feature some of the regular and ad hoc events that have caught our eye from around Craven

Come Dine with Us!

First Thursday in the month at Sutton Community Centre on North Street. An opportunity to meet people, make new friends and socialise. Help prepare a simple meal and dine together. £5 per person for three courses 4-7pm

Contact Katie 07545 546 738 or exclusivelyinclusive@gmail.com

Club ViVa 52

An inclusive, friendly Club night held at Herriots Hotel , Skipton - all over 18's welcome. £4 in. Bar and "Stay up late" philosophy. Usually third Thursday of the month but subject to change due to Hotel commitments. Check facebook for posters and notices.

Sports for All

Organised by Together Skipton. "Superstrickers" bowling league third Wednesday of the month at Matrix and indoor sports at Sandylands in Skipton contact Maureen 07795388807 for more info of how to join in.

Craven Mosaic and Crafts

Meet Thursdays 12.30-3pm at The Cricket Pavilion, Royd Hall, Sutton-in-Craven. BD20 7AJ

The session fee is £2 which includes all materials and tea, coffee and biscuits and cakes.

For all enquiries please see the website

<http://www.cravenmosaicandcrafts.co.uk/>

Snowdrop walk

Woodland snowdrop walk and sculpture trail. Light refreshments and plant sales. Noon to 4pm. £4 (children free) 015242 51794

Austwick Hall, Austwick, Near Settle, North Yorkshire LA2 8BS
Sun 12 Feb, Mon 13 Feb, Sun 19 Feb, Mon 20 Feb, Wed 22 Feb,
Sun 26 Feb, Mon 27 Feb



Introducing Nicola

My name is Nicola and I live in Skipton with my mum and dad I am new to to the Gazette. I am a member of two groups one is called Rendezvous and the other is Exclusively Inclusive . I enjoy these as you make friends and I enjoy going out with them. We go shopping, do cooking and baking, walking crafts and have having lunch out. I have recently joined a Thursday afternoon mosaic class which I enjoy. I also do voluntary work on Mondays, Wednesdays and Thursdays at Oxfam and the Parish church cafe in Skipton .



LET'S ROOT FOR EACH OTHER AND WATCH EACH OTHER GROW

£3 per session!

Did you know?

There is a Direct Payment User Peer Support Group in Craven. This year meetings will be held at 1 Belle Vue Square, Skipton and dates for 2017 are: March 1st 1pm – 3:30pm June 7th 1pm – 3:30pm September 7th 1pm – 3:30pm December 6th 1pm – 3:30pm

All DP users and their Personal Assistants (PA's) are most welcome! There will be informative talks, refreshments and time for a friendly chat!

There is a recently formed Facebook group to keep in touch between meetings - so if this appeals check out Craven Direct Payment User Peer Support Group and ask to join! Contact 07545 546 738 for more info on the group.

Did you know?



Garden Gang!

Be Friends, Get Active, Have Fun!

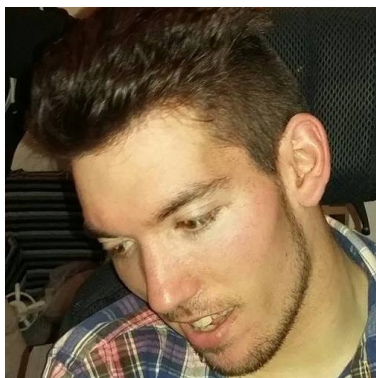


At a community allotment in Skipton! Whether you are green-fingered and like to get stuck in or you prefer to cheer on from the sidelines we want you! We are hoping to get up and running with a regular meet up day this Spring!

Let us know by contacting the Craven Gazette what day would work best for you!

Did you know?

There is a community choir open to all in Skipton... Meet Skipton Baptist Church 2-330 every two weeks. No auditions necessary, ramped access and accessible loo! All song sheets provided and its only



Introducing Charlie

My name is Charlie Barker I live in Knaresborough. I have four brothers and live at home with my mum two brothers my dog Lilly and my cat Tyson.

I am a member of the Rendezvous group and also Exclusively Inclusive. I belong to 'interact' a performing arts group in Harrogate we perform two shows a year.

During the week I do volunteering work at the Scope shop in Knaresborough. I enjoy music especially live bands, the theatre, eating out and socialising. I am really looking forward to being a part of the "Craven Gazette" team.



Did you know?

Open Future Learning offers excellent "side by side" training for self advocates and their supporters.

Here is a powerful message from them!



<http://www.openfuturelearning.org>

Did you know?

There is a new free app called JAM that has been released which allows people with communication barriers such as learning disabilities / difficulties, autism, Asperger's or a brain injury to alert staff in retail outlets, public transport and other areas of public life that the card-holder needs Just A Minute of patience and time when interacting with them. It was the idea of people who use the services of Now Group. It's definitely worth checking out!

<https://www.nowgroup.org/jamcard>



Just a minute



CONTINUE TO APP





Introducing Joanne

My name is Joanne Pemberton . I am 31 years old and live in Sutton in Craven. I have a cheeky cat called Harry, short for Harriet, I love to watch her jump and play. My dog is called Billy. I love to spend time outdoors and enjoy the beach, parks and countryside. I meet up with the Rendezvous group most Fridays and look forward to the club nights. My PAs will help me write reports for the Craven Gazette about community spaces we find that are accessible for wheelchair users.



Just for fun... Yum! Yum!!

Delicious tried and tested recipe from Julie Davies

Vegan Chocolate Mousse



1 can of coconut milk
2-3 tbsp cocoa powder
1tbsp maple syrup or agave nectar

1/4 tsp vanilla extract

pistachio nuts for topping

Place coconut milk tin in fridge for a few hours to chill

Open can and scoop out hardened cream (don't use liquid)

Using hand blender on low speed start to whip up coconut cream, then gradually add cocoa, maple syrup or agave nectar and vanilla.

Put blender on higher speed until all combined.

Put mixture into small individual ramekin dishes or small pots and top with crushed pistachio nuts and place back in fridge to chill. Enjoy!

Inclusion is...



Each edition of the Craven Gazette we hope to share what "Inclusion is..." to various people. In this first edition we share the thoughts of Lynn Evans, Cindy Faulkner, Andy Williams and Vicki Pascall who are

Partners in Policymaking Graduates from Derby

Inclusion is... Not just having the facilities for inclusion but feeling safe and wanted!

For more info on Partners in Policymaking check out:

<http://www.in-control.org.uk/what-we-do/partners-in-policy-making.aspx>

Community spaces, our favourite places!



Our Craven Gazette team have joined forces with the Rendezvous group to meet up and work on this newsletter. We have met at a cafe in Skipton called **Caffé Capo**. We would like to say how much we like Caffé Capo and how welcoming the staff there are.

The cafe is spacious, wheelchair accessible and serves really yummy food! They offer a loyalty scheme so when you buy 9 hot drinks you get the 10th absolutely free! There is free wifi at Caffé Capo and this makes it an ideal place for meeting up for business as well as pleasure.

We think you should try it and when you do you will love it!

OPENING TIMES



CAFFÉ CAPO

Monday	8:30 – 5:00
Tuesday	8:30 – 5:00
Wednesday	8:30 – 5:00
Thursday	8:30 – 5:00
Friday	8:30 – 5:00
Saturday	8:30 – 5:00
Sunday	9:30 – 4:00



We hope you enjoy our newsletter and look forward to the next edition which will be out in April.

Please contact us by email if you have any compliments, suggestions, ideas, want to get involved, would like to advertise with us or subscribe to us by email. Our email address is cravengazette@gmail.com We would love to hear from you!

The Craven Gazette will be circulated electronically by email, on social media such as Facebook and Twitter so please do share it with friends and family. To be environmentally friendly we hope to reduce the number of printed copies.

Until our next edition best wishes from the Craven Gazette team.